

LIMESTONE BAY ESTATE

THE WELLNESS SERIES

Curated weekends designed to restore, reconnect & renew.

NOVEMBER 6 – DECEMBER 6, 2026

SIMCOE ISLAND, ONTARIO

Step away from the pace of everyday life and reconnect with what matters. The Limestone Bay Wellness Series is a collection of intimate weekend retreats combining restorative wellness practices, thoughtful movement, nourishing meals and the waterfront calm of Limestone Bay Estate.

CHOOSE YOUR WEEKEND

NOV 6-8 | RESET
Reset routines, restore balance and begin with intention.

NOV 13-15 | THE QUIET MIND
Step away from stress and overwhelm through stillness and restorative practices.

NOV 20-22 | LET GO
Release emotional weight, find forgiveness and create space.

NOV 27-29 | WINTER PREPARATION
Strengthen body, mind and immune system for the season ahead.

DEC 4-6 | RESTORE
Rest, nourish and enter the holiday season grounded.

YOUR WEEKEND INCLUDES

Beautiful estate accommodations • Scheduled meals • Daily wellness programming • Facilitator-led experiences • Signature Limestone Bay Estate experience

RETREAT PRICING

Single Occupancy	$1,895 per person + HST
Double Occupancy	$1,595 per person + HST

INTRODUCTORY EARLY-BIRD OFFER

FIRST 3 ROOMS BOOKED FOR EACH WEEKEND

Early-Bird Single Occupancy	$1,695 per person + HST
Early-Bird Double Occupancy	$1,495 per person + HST

Once the first three rooms for a retreat weekend are reserved, regular pricing applies.

RESERVE YOUR WEEKEND

Spaces are intentionally limited.

Scan the QR code to learn more or reserve your weekend.

info@limestonebay.ca • limestonebay.ca

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